



Project Number: 2016-1-RO01-KA203-024630

## Openness

### **Practical Activity: Practicing openness**

Problem addressed: Avoid overdone stereotypes

Soft skill: **Openness**

Method: **Critical self-reflection and partner work**

- 1) Ask yourself: When was the last moment, a person really surprised you? When did a person really challenge your opinion? What have been your feelings about it?
- 2) Optional: Do an Harvard Implicit Association Test: <https://implicit.harvard.edu/>
- 3) Build pairs. Be honest and tell the other about your first impression. Guess how old the other person is, how he spends his free time, what he likes, what he dislikes? Does he travel a lot? ... Give feedback. Is the other right? Where is the guessing wrong? Change roles.
- 4) Discuss in group. What are the benefits of first impressions and stereotypes



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